



#10for10 - 10 Actions to Celebrate 10 Years!

Tweet, Facebook, Instagram or email us & we'll share your pics and tips on our website!

1 Turn off the lights!

6

Use both sides of your paper and recycle paper when you are done with it

2

Do a playground clean-up with your friends and recycle what you find

7

Take a book out from the library or share with your friends instead of buying a new one

3

Walk or bike to school

8

Talk to your parents or friends about composting and recycling to reduce waste

4

Use a reusable bottle instead of a disposable plastic one

9

Wear up-cycled or recycled (Second-hand clothing)

5

Pack a garbage-free lunch

10

Tweet, Facebook, Instagram or email us with your #10for10 action and tag @LightsOutCanada and we'll share it online!

Lights Out #10for10 Guide

I want to participate. What do I need to do?

Take an action. Snap a photo. Share with us using the hashtags #LOC2015 and #10for10.

Tweet at us: @LightsOutCanada

Post on our Facebook Page: Lights Out Canada

Tag us on Instagram: @LightsOutCanada

Email us: lightsoutcanada@gmail.com

We'll share the photos that come in from across Canada on our website www.lightsoutcanada.org and social media so that you can see how other students, teachers and administrators across Canada are taking action on climate change.

The #10for10 Examples of photos and action explanations:

1. Turn off the lights where possible and when not in use. (I.e. Take a picture of your class learning by natural light.)
2. Pick up garbage in your school yard and recycle what you find when possible (I.e. Snap a picture of what you pick up)
3. Walk or bike to school when safe (I.e. Take a picture of your bike or runners and share with us!)
4. Bring a reusable water bottle to school to drink instead of buying beverages in disposable plastic bottles or cans. (I.e. Take a pic of your water bottle)
5. Pack a garbage-free lunch (e.g you can compost everything when you are finished or use a reusable container) and send us a pic.
6. Use both sides of your paper and recycle it (and all paper products!) when you are done with it.
7. Take a pic of the books you've swapped or checked out from the library!
8. Send us a pic showing how you recycle and compost at home or what you and your family do to reduce waste!
9. Share your second-hand/recycled/up-cycled #OOTD (outfit of the day)
10. Self explanatory. Get creative and let us know what you do for #LOC2015!